

## Parent Bereavement Support Events September 2023

### Online Bereavement Information Evening

On

**Tuesday, 5<sup>th</sup> September 2023 @ 7.00pm**

**Topic: 'A Parents Journey through grief and loss'**

*Guest Speaker: Peter McCartan*



To register for this event click [Here](#)

In addition to our monthly group online and face-to-face parent evenings. Anam Cara will facilitate an additional online bereavement information evening.

These evenings feature an input from a bereavement specialist, who have extensive experience of working with bereaved families. Afterwards parents have an opportunity to ask questions of the speaker as well as finding out more about Anam Cara's resources and their local Anam Cara Support Group.

Our guest speaker for September is Peter McCartan. Peter has extensive experience of working with bereaved families when he worked as a Senior Medical Social Worker in Beaumont Hospital. Peter currently works as a family therapist and his talk will cover the Complexity of Grieving the death of our child, identifying the challenges and milestones we may face on that journey.

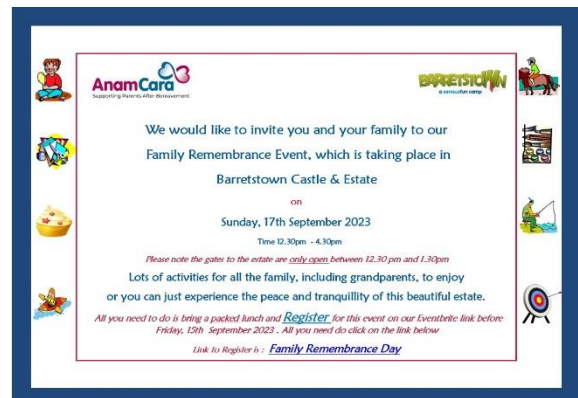
### Anam Cara Family Autumn Remembrance Day

Our Anam Cara Family Remembrance event is taking place on Sunday 17<sup>th</sup> September at the beautiful and very special Barretstown Castle and Estate.

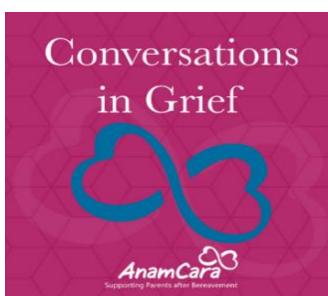
This event is open to all family members including grandparents This special day includes a remembrance service for our children who have died, plenty of activities for everyone and time out to enjoy this very special place.

We hope you come along to this gentle afternoon

Register now on our Event page, click on this [link](#).



### Anam Cara Resources



<https://anamcara.ie/podcasts/>



<https://anamcara.ie/resources/videos/>



<https://anamcara.ie/resources/resource-downloads/>

Anam Cara Resources are available to download from our website, [www.anamcara.ie](http://www.anamcara.ie). These include our Parent-to-Parent Podcasts and Parent to Parent Support videos. Click images to bring you to these resources.

If you have any queries about any of our September events, please contact us on [info@anamcara.ie](mailto:info@anamcara.ie) or call 085 2888 888 over the summer.

Thank you,  
Sharon, Leanne and Tara  
Anam Cara Service Team