

## Anam Cara Support Service Calendar 2024

| <b>Parent Face to Face Support Evenings</b>   | <b>Time 7.30pm – 9.00pm</b>   |
|---|---|
| <b>South Dublin</b><br><b>Day:</b> 2 <sup>nd</sup> Monday of each month<br><b>Venue:</b> The Maldron Hotel, Whitestown Way, Tallaght, D24 XC9W<br><b>Professional Facilitator:</b> Dorothy Ingram     | <b>North Dublin</b><br><b>Day:</b> 3 <sup>rd</sup> Wednesday of each month<br><b>Venue:</b> Hilton Hotel, Malahide Rd, Northern Cross, D17 Y924<br><b>Professional Facilitator:</b> Bernadette Matthews |
| <b>Cork</b><br><b>Day:</b> 1 <sup>st</sup> Wednesday of each Month<br><b>Venue:</b> Maryborough Hotel, Douglas, T12 XR12<br><b>Professional Facilitator:</b> Brian McDonagh                           | <b>West Cork</b><br><b>Day:</b> 3 <sup>rd</sup> Tuesday of each Month<br><b>Venue:</b> Fernhill House Hotel, Tawnies Lr, Clonakilty, P85 X322<br><b>Professional Facilitator:</b> Felicity Connolly     |
| <b>Galway</b><br><b>Day:</b> 1 <sup>st</sup> Wednesday of each Month<br><b>Venue:</b> The Clayton Hotel, Monivea Rd, Galway, H91 D526<br><b>Professional Facilitator:</b> Maeve Tonge                 | <b>Mayo</b><br><b>Day:</b> 4 <sup>th</sup> Tuesday of each Month<br><b>Venue:</b> T. F Royal Hotel, Castlebar, Co. Mayo, F23 R288<br><b>Professional Facilitator:</b> Jannah Walshe                     |
| <b>Donegal</b><br><b>Day:</b> 2 <sup>nd</sup> Thursday of each Month<br><b>Venue:</b> Radisson Blu Hotel, Letterkenny, F92 FK15<br><b>Professional Facilitator:</b> Brid McGettigan                   | <b>Midlands</b><br><b>Day:</b> 2 <sup>nd</sup> Wednesday of each Month<br><b>Venue:</b> Mullingar Park Hotel, Mullingar, Co Westmeath, N91 A4EP<br><b>Professional Facilitator:</b> Tiffany Walsh       |
| <b>Southeast</b><br><b>Day:</b> 2 <sup>nd</sup> Tuesday of each month<br><b>Venue:</b> Brandon House Hotel, New Ross, Wexford, Y34 KR62<br><b>Professional Facilitator:</b> Mark Redmond              | <b>Wicklow</b><br><b>Day:</b> 3 <sup>rd</sup> Monday of each Month<br><b>Venue:</b> Parkview Hotel, NTMK, Wicklow, A63 FX72<br><b>Professional Facilitator:</b> Shirley Brennan                         |
| <b>Kerry</b><br><b>Day:</b> 2 <sup>nd</sup> Tuesday of each Month<br><b>Venue:</b> Meadowlands Hotel Tralee, V92 DC83<br><b>Professional Facilitator:</b> Cora O'Brien                                | <b>Tipperary</b><br><b>Day:</b> 3 <sup>rd</sup> Wednesday of each Month<br><b>Venue:</b> The Horse and Jockey Hotel, Thurles, Co. Tipperary, E41 AP86<br><b>Professional Facilitator:</b> Paul Donnelly |
| <b>Belfast</b><br><b>Day:</b> 2 <sup>nd</sup> Monday of each month<br><b>Venue:</b> The Crowne Plaza, 117 Milltown Road, Shaws Bridge, Belfast, BT8 7XP<br><b>Professional Facilitator:</b> Ann Lapin | <b>Armagh</b><br><b>Day:</b> Last Wednesday of each month<br><b>Venue:</b> Armagh City Hotel, 2 Friary Road, Armagh, BT60 4FR<br><b>Professional Facilitator:</b> Ethel McNeil                          |

| <b>Online Parent Support Evenings</b>     | <b>Time: 7pm – 8.45pm</b>               |
|---|---|
| Parents living with no surviving children | 4 <sup>th</sup> Monday of each month    |
| Online Support 1                          | 1 <sup>st</sup> Thursday of each month  |
| Online Support 2                          | 4 <sup>th</sup> Wednesday of each month |

Please note that dates & venues may change. If you would like to attend one of our support evenings, just contact us on 085 2888 888 or [info@anamcara.ie](mailto:info@anamcara.ie) for more information.