

## Anam Cara Group Information 2021

Please note Anam Cara groups meet between September and June each year. They are open to all bereaved parents and start at 7.15pm. For more information, contact Anam Cara on 085 2888 888

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| <p><b><u>Anam Cara Cork</u></b><br/>Day: 1<sup>st</sup> Wednesday of each Month<br/>Venue: The Clayton Hotel (Formally Silver Springs) Tivoli, Co. Cork<br/><b>Professional Facilitator: Helen Murphy</b><br/><b>Online Date: 3<sup>rd</sup> Monday of each Month</b></p>          | <p><b><u>Anam Cara West Cork</u></b><br/>Day: 3<sup>rd</sup> Tuesday of each Month<br/>Venue: The Munster Arms, Bandon, West Cork<br/><b>Professional Facilitator: Alve Bevan</b><br/><b>Online Date: 4<sup>th</sup> Tuesday of each Month (5<sup>th</sup> tues in Nov)</b></p> |
| <p><b><u>Anam Cara South Dublin</u></b><br/>Day: 2<sup>nd</sup> Monday of each Month<br/>Venue: The Maldron Hotel, Whitestown Way, Tallaght, Dublin 24<br/><b>Professional Facilitator: Dorothy Ingram</b><br/><b>Online Date: 4<sup>th</sup> Wednesday of each Month</b></p>      | <p><b><u>Anam Cara North Dublin</u></b><br/>Day: 3<sup>rd</sup> Wednesday of each Month<br/>Venue: The Carnegie Court Hotel, Swords, Co. Dublin,<br/><b>Professional Facilitator: Bernadette Matthews</b><br/><b>Online Date: 1<sup>st</sup> Thursday of each Month</b></p>     |
| <p><b><u>Anam Cara Galway</u></b><br/>Day: 1<sup>st</sup> Wednesday of each Month<br/>Venue: The Clayton Hotel, Briarhill, Galway<br/><b>Professional Facilitator: Kathy Kearney</b><br/><b>Online Date: 3<sup>rd</sup> Monday of each Month</b></p>                               | <p><b><u>Anam Cara Mayo</u></b><br/>Day: 4<sup>th</sup> Tuesday of each Month<br/>Venue: T. F Royal Hotel, Castlebar, Co. Mayo<br/><b>Professional Facilitator: Jannah Walshe</b><br/><b>Online Date: 3<sup>rd</sup> Monday of each Month</b></p>                               |
| <p><b><u>Anam Cara Belfast</u></b><br/>Day: 2<sup>nd</sup> Monday of each Month<br/>Venue: The Crowne Plaza, Belfast, BT8 7XP<br/><b>Professional Facilitator: Kate Doran</b><br/><b>Online Date: 3<sup>rd</sup> Monday of each Month</b></p>                                      | <p><b><u>Anam Cara Armagh</u></b><br/>Day: Last Wednesday of each Month<br/>Venue: The Armagh City Hotel, Armagh, BT601EN<br/><b>Professional Facilitator: Nuala Gorman</b><br/><b>Online Date: 3<sup>rd</sup> Monday of each Month</b></p>                                     |
| <p><b><u>Anam Cara Donegal</u></b><br/>Day: 2<sup>nd</sup> Thursday of each Month<br/>Venue: The Radisson Blu Hotel, Letterkenny, Co. Donegal<br/><b>Professional Facilitator: Brid Mc Gettigan</b><br/><b>Online Date: 3<sup>rd</sup> Monday of each Month</b></p>                | <p><b><u>Anam Cara Wicklow</u></b><br/>Day: 3<sup>rd</sup> Monday of each Month<br/>Venue: The Parkview Hotel, Newtownmountkennedy, Co. Wicklow<br/><b>Professional Facilitator: Shirley Brennan</b><br/><b>Online Date: 4<sup>th</sup> Wednesday of each Month</b></p>         |
| <p><b><u>Anam Cara Kerry</u></b><br/>Day: 2<sup>nd</sup> Tuesday of each Month<br/>Venue: Meadowlands Hotel Tralee<br/><b>Professional Facilitator: Theresa Walshe/ Cora O'Brien</b><br/><b>Online Date: 4<sup>th</sup> Tuesday of each Month (5<sup>th</sup> tues in Nov)</b></p> | <p><b><u>Anam Cara Tipperary</u></b><br/>Day: 3<sup>rd</sup> Monday of each Month<br/>Venue: The Horse and Jockey Hotel, Thurles, Co. Tipperary<br/><b>Professional Facilitator: Margaret Bowen</b><br/><b>Online Date: 1<sup>st</sup> Wednesday of each Month</b></p>          |

## Anam Cara Support Group for Parents living with no surviving children

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| <p><b><u>Anam Cara Ulster</u></b><br/><b>Online Date: 1<sup>st</sup> Monday of each Month</b></p> | <p><b><u>Anam Cara Munster</u></b><br/><b>Online Date: 4<sup>th</sup> Thursday of each Month / 5<sup>th</sup> Thursday in Dec 2021</b></p> | <p><b><u>Anam Cara Leinster</u></b><br/><b>Online Date: 3<sup>rd</sup> Tuesday of each Month</b></p> | <p><b><u>Anam Cara Connaught</u></b><br/><b>Online Date: 2<sup>nd</sup> Wednesday of each Month</b></p> |
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Please note that dates and venues may change, contact us on 085 2888 888 or [info@anamcara.ie](mailto:info@anamcara.ie) to confirm if you are attending one of the groups or Anam Cara events.