

Charity Registration No. 20068592

Company Registration No. 452644 (Ireland)

**ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT
COMPANY LIMITED BY GUARANTEE**

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2023

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

LEGAL AND ADMINISTRATIVE INFORMATION

Directors	Christopher Mahon Patrick Cullen Amanda Roberts Rory Coll Margaret Crowley Francis O'Hare Nora Lawton	(Appointed 20 February 2024) (Appointed 20 February 2024)
Secretary	Goodbody Secretarial Limited	
CHY Number	18073	
Registered charity number	20068592	
Company number	452644	
Principal address	HCL House Second Avenue Cookstown Industrial Estate Tallaght Dublin 24	
Registered office	HCL House Second Avenue Cookstown Industrial Estate Tallaght Dublin 24	
Auditor	UHY Farrelly Dawe White Limited Unit 4A Fingal Bay Business Park Balbriggan Co. Dublin Ireland	
Bankers	Bank of Ireland Unit 4-6, Block 3 Priors Gate Greenhills Road Extension Tallaght Dublin 24	
Solicitors	John A. Sinnott & Co. Market Square Enniscorthy Co. Wexford	

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

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ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 DECEMBER 2023

The directors present their report and financial statements for the year ended 31 December 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Companies Act 2014 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Principal activity

The principal activity of Anam Cara Parental and Sibling Bereavement Support CLG ("Anam Cara") is to provide tier two support services to bereaved parents throughout Ireland (regardless of the age of their child, the circumstances of their death or whether the death was recent or not). The organisation provides personal support on request and relevant information on bereavement related issues. Principally this is done through our online and face-to-face groups (currently 14 face-to-face groups and 5 online groups), "Bereavement Information Evenings", website, information pack (8 booklets), webinars, and podcasts. We also host a series of family remembrance events throughout the year at different regional venues.

Anam Cara also provides information, training, and other supports to frontline healthcare professionals, organisations, voluntary and charity sectors across the island of Ireland.

Organisational values

1. Compassion and empathy.
2. Quality – in the provision of all our services.
3. Inclusivity – open to all who have experienced the death of a child.
4. Collaboration – with other trusted similar minded organisations.
5. Trust – to trust and be trusted by parents, volunteers, professionals, and professional organisations.

Goal

Anam Cara's governing documents set out that its overall goal is to support and address the needs of bereaved parents in Ireland.

- **Our vision** is that every family, throughout the island of Ireland will have the relevant support services they need following the death of their son or daughter.
- **Our mission** is to make a difference and reduce isolation for bereaved parents affected by the death of a child or children, regardless of the age of the child, the circumstance of death or whether the death was recent or not. Anam Cara will do this by providing easily accessible, quality support services, signposting, and information through safe and secure face to face and online environments.

Achievements and performance

Activities in 2023

2023 was a very busy year for all at Anam Cara, and this is reflected in the number of events organised during the year, with a total of 223 organised and delivered.

Our work and projects undertaken

Anam Cara's continuing priority is to provide support to our existing and new service users. This support comes in the form of information, resources, and peer to peer group support to vulnerable bereaved parents throughout Ireland.

With 14 face-to-face bereavement support groups throughout the island of Ireland (12 in the Republic of Ireland and 2 in Northern Ireland). We delivered 140 face-to-face meetings during the year and had a total of 1,242 parents attending. 5 online support groups were also delivered, which included a special group of parents whose only child had died. The total number of online group events was 52 and we had 251 bereaved parents attending.

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

We further delivered and supported 12 *Bereavement Information Evenings* during 2023. This included 4 face-to-face evenings and 8 online evenings. We collaborated on 6 of these events with other national bereavement support organisations including, **Feileacain, A Little Lifetime Foundation and Hugg**, and we had 408 bereaved parents in attendance. For the face-to-face events, at which we had 83 bereaved parents attending, our community partners include **Milford Care Centre (Limerick), Solas Support Centre (Waterford), and Foley McGowan Undertakers (Sligo)**.

Our family events are very important to the Anam Cara team, whereas the main priority of the service is to support parents in bereavement, the family events give the team a chance to meet with other members of the family units who would also be suffering from the passing of either a brother or sister. To that end a total of 3 events were delivered during the year and we had a total of 339 attendees.

Projects

We are very conscious of the work that our front-line services provide and deliver to the community and with a view to assisting them in the management of bereavement. We delivered a total of 9 events (2 online and 6 face-to-face) which were attended by 463 frontline professionals. Our external frontline training workshops have a dual purpose:

- To support those who are in contact with bereaved family members through their role at work.
- To assist in raising awareness of Anam Cara services in the community.

Our podcast project '*Conversations in Grief*' was very well subscribed during the year with a listenership of 5,153 listeners during 2023, however we feel that this figure is possibly undercounted due to the way podcasts analytics are gathered.

Targets vs Actual

When you compare our reach and impact in 2023 to the previous year, there is a 15% increase in overall attendances. The most notable increases are:

- External frontline services and training workshops - attendance from 257 (2022) to 376 in 2023 an increase of 46%.
- Family remembrance days - attendance from 189 (2022) to 249 in 2023, an increase of 32%.
- The face-to-face groups - attendance from 1,034 (2022) to 1,243 in 2023, an increase of 20%.
- Bereavement Information Evenings (all) - attendance from 474 (2022) to 491 in 2023, an increase of 4%.
- Online monthly parent groups - attendance from 325 (2022) to 251 2023, a decrease of 23%. This is not giving cause for concern, mainly due to the increase in the face-to-face figures. The downturn experienced was expected as Covid restrictions were lifted.

The overall increased activity during the year also increased the demands on our comprehensive range of literature (information packs) with 2,303 packs distributed in 2023, when compared to 1,952 supplied in 2022, this was an increase of 18%.

Principal funding sources

Anam Cara's principal funding sources throughout 2023 include:

- Pobal SSNO funding
- Tulsa/HSE/County Councils
- Donations
- Fundraising events
- In-kind donations (Office facility by the Healy Group)
- Other grants

Financial review

Financial results

Anam Cara recorded a surplus of €54,836 for the year ended 31 December 2023. The surplus was generated through a targeted fundraising approach by senior management in conjunction with active profiling of the charity within the corporate sector.

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

Financial performance against targets

The €54,836 surplus for 2023 was a very positive result and greater than expected, particularly given that a deficit was projected for the year. The projected deficit was approved by the Board based on the new staff appointments end of 2022, a new CEO and fundraising manager. The new appointments aligned with a very structured plan and strategy to reduce this deficit throughout the year that would be very closely monitored by the Board.

Reserves policy and level

The board of Anam Cara has agreed a reserves policy which requires:

- Reserves be maintained at a level that ensures that Anam Cara's core activity could continue during a period of unforeseen difficulty.

This considers:

- Risks associated with income and expenditure being different from that budgeted.
- Planned activity level and potential opportunities.
- The cost associated with potential discontinuance of the charity in an emergency.

The Board has built a reserve to cover 6 months of operational activities. This is split between €756 for restricted funds and €361,814 for unrestricted funds.

The reserves policy in place (for several years) was tested during the Covid period. The voluntary contributions/funding that the charity depends on virtually 'dried up', and yet the demands on services increased all be it in a different format (virtually) and as a result many of the services were converted to virtual meetings. The Board were in a financial position to release some of the reserves to ensure the continuity of our services.

Investment policy

At year end 31 December 2023 Anam Cara held €202,600 in the low risk National State Savings Scheme.

Principle risks and uncertainties

In common with all organisations set up on a not-for-profit basis, Anam Cara has uncertain income streams. The directors are satisfied that the risks facing the organisation have been identified and continue to be managed through the annual 'Risk Assessment Review'.

Structure, governance and management

Anam Cara is constituted as a company limited by guarantee without a share capital as set out under parts 1 -15 of the Companies Act 2014. Anam Cara's purpose and objects are set out in its constitution. This document is posted on Anam Cara's website and is also publicly available from the Companies Registration Office (www.cro.ie) and the Charities Regulatory Authority website (www.charitiesregulatorvauthroity.ie).

Anam Cara Parental and Sibling Bereavement Support CLG is fully compliant with the Charity Regulator's *Governance Code* and registered as fully compliant with the *Statement of Guiding Principles for Fundraising*.

The organisation is governed by a board of directors with a maximum number of eight members. Directors are selected through a nominations committee. Every board member's term of office is three years with an option to be elected for a further two three-year terms. The board is typically made up of eight independent non-executive directors, ideally four of whom are bereaved parents, who through regular monthly meetings (a combination of face-to-face and virtual) ensures through management interaction, reporting, and delegation that the senior managers of the charity are delivering on the agreed targets and guidelines as agreed by the board of directors.

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

The directors who served during the year and up to the date of signature of the financial statements were:

Christopher Mahon	
Gill Madden	(Resigned 20 February 2024)
Patrick Cullen	
Tadhg O'Brien	(Resigned 21 November 2023)
Amanda Roberts	
Rory Coll	
Margaret Crowley	
Francis O'Hare	(Appointed 20 February 2024)
Nora Lawton	(Appointed 20 February 2024)

Company secretarial services are provided by Goodbody Secretarial Ltd, represented by Pat Connolly.

Board sub-committees:

Anam Cara has two sub-committees.

1. Audit and Finance:

The role of the Audit and Finance committee is to ensure the financial operations of the organisation are transparent, secure, and adhering to best practice, in line with their financial management & control policy. The committee meets as required for evaluation.

Committee members: Rory Coll (board member), Majella Crowley (board member)

2. Research and Development:

The role of the Research and Development committee is to:

- evaluate services to ensure they are meeting the requirements of their stakeholders and maintaining quality and structure.
- Provide advice to the board on strategic research alliances or research contracts that the organisation should undertake or be engaged in.

Committee members: Sharon Vard (service manager), Amanda Roberts (chair, board member, & Irish Hospice Foundation), Kevin McCallion (volunteer parent), Leanne Milligan (staff member), Patricia Wilson (external clinical advisor to Anam Cara), Majella Crowley (board member), Frank O'Hare (volunteer parent).

Policies & procedures, induction, and training of board members

To ensure continuity and best practice, board members rotate in line with the constitution and are replaced by new board members, nominated through the nominations committee, and voted on by the Board.

The Chair meets with all nominees before appointment and fully explains the duties of the board member. On appointment each board member is issued with a copy of the '*Anam Cara Board Welcome Document*', and a copy of the '*Anam Cara -Directors' Governance Handbook*' which clearly assist the board in fulfilling its duties and highlights roles and responsibilities.

Copies of board minutes from the two previous board meetings are also issued to new board members on appointment, so that they can familiarise themselves with the accounts and challenges of the charity.

Transparency and public accountability:

The board believes that Anam Cara and all charities should be fully accountable to the public and stakeholders, providing detailed information on where its funds come from and how they are spent.

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

The following policies are in place and reviewed on an annual basis:

1. The *Charities Governance Code*: The board of directors is committed to achieving the highest standard of governance and signed off on the implementation of the new *Charities Governance Code* in June 2022. They work in line with current legislation and recommendations and review all policies on an annual basis.
2. A *Conflict of Interest and Conflict of Loyalty policy is in place* and observed by all board members at the start of each board meeting and recorded in minutes.
3. *Risk Assessment*: The directors are satisfied that all risks facing the organisation have been identified and continue to be managed throughout the year pertaining to operations, finance, IT, health and safety, and staffing succession.
4. *Health and Safety*: The directors are satisfied that all staff members are aware, understand and adhere to the policy and provide appropriate training where required.
5. *Child Protection and Vulnerable Adult policies* are in place and reviewed on an annual basis to ensure guidelines are in line with legislation. Designated liaison officers have been appointed and trained to relay any concerns to appropriate organisations.
6. An *Internal Controls & Procedure policy* is in place to ensure all financial matters are transparent.

Plans for future periods

With the retirement of the services manager, the Board is actively recruiting some key positions for 2024 and have adopted a policy of back to basics while continuing to deliver the core services. This policy for the year will not greatly affect the day-to-day services of Anam Cara. However, it will see the reduction of the front-line-services programme being reduced to just two training days in 2024.

We will deliver and continue with:

- The hybrid options of face-to-face and online services.
- Work in collaboration with other key organisation to best utilise funding and expand our reach to vulnerable bereaved parents throughout the island of Ireland.
- Facilitate regular (monthly) bereaved information evenings.
- Continue to develop the existing IT administration for the Anam Cara group parent registrations at our monthly meetings. This will ensure accuracy around parent attendances across the Anam Cara groups and protection of data. To review further the charities website to further heighten awareness and provide easy navigation for parents attending face to face and online groups.
- To further increase, awareness of the charity's presence and resources on a national remit.

Political donations

There were no political donations made during the year that would require disclosure under the Electoral Act, 1997.

Accounting records

The charity's directors acknowledge their responsibilities under sections 281 to 285 of the Companies Act 2014 to ensure that the charity keeps adequate accounting records. The following measures have been taken:

- the implementation of appropriate policies and procedures for recording transactions;
- the employment of competent accounting personnel with appropriate expertise;
- the provision of sufficient company resources for this purpose;
- liaison with the company's external professional advisers.

The accounting records are held at the charity's registered office, HCL House Second Avenue Cookstown Industrial Estate Tallaght Dublin 24.

Auditor

In accordance with the company's constitution, a resolution proposing that UHY Farrelly Dawe White Limited be reappointed as auditor of the company will be put at a General Meeting.

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

Disclosure of information to auditor

Each of the directors in office at the date of approval of this annual report confirms that:

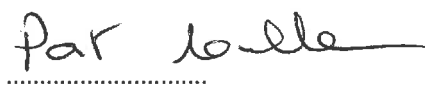
- so far as the director is aware, there is no relevant audit information of which the company's auditor is unaware, and
- the director has taken all the steps that he / she ought to have taken as a director in order to make himself / herself aware of any relevant audit information and to establish that the company's auditor is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of section 330 of the Companies Act 2014.

The directors' report was approved by the Board of Directors.



.....
Christopher Mahon
Director



.....
Patrick Cullen
Director

Date: 

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

STATEMENT OF DIRECTORS' RESPONSIBILITIES

FOR THE YEAR ENDED 31 DECEMBER 2023

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under the law the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the surplus or deficit of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently
- make judgements and accounting estimates that are reasonable and prudent
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

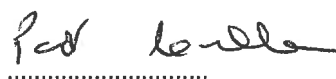
The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable it any time the assets, liabilities, financial position and surplus or deficit of the company to be determined with reasonable accuracy and enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014 and enable the financial statements to be readily and properly audited. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the directors are aware:

- there is no relevant audit information (information needed by the company's auditor in connection with preparing the auditor's report) of which the company's auditor is unaware, and
- the directors have taken all the steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.



Christopher Mahon
Director



Patrick Cullen
Director

Date: 09/04/2024

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

Opinion

We have audited the financial statements of Anam Cara Parental and Sibling Bereavement Support Company Limited by Guarantee (the 'charity') for the year ended 31 December 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is the Companies Act 2014, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland*.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the company as at 31 December 2023 and of its net income / (expenditure) for the year then ended;
- have been properly prepared in accordance with FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland*; and
- have been prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and the provisions available for small entities, in the circumstances set out in note 24 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

However, because not all future events or conditions can be predicted, this statement is not a guarantee as to the company's ability to continue as a going concern.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The directors are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE MEMBERS OF ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

Opinions on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of the audit, we report that in our opinion:

- the information given in directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the company were sufficient to permit the financial statements to be readily and properly audited, and the financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified any material misstatements in the directors' report.

We have nothing to report in respect of our obligation under the Companies Act 2014 to report to you if, in our opinion, the disclosures of directors' remuneration and transactions specified by sections 305 to 312 of the Act are not made.

Responsibilities of directors for the financial statements

As explained more fully in the statement of directors' responsibilities, the directors are responsible for the preparation of the financial statements in accordance with the applicable financial reporting framework that give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the charity's ability to continue as a going concern, disclosing, if applicable, matters related to going concern and using the going concern basis of accounting unless management either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: <https://iaasa.ie/publications/description-of-the-auditors-responsibilities-for-the-audit-of-the-financial-statements/>. This description forms part of our auditor's report.

**ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT
COMPANY LIMITED BY GUARANTEE**

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

**TO THE MEMBERS OF ANAM CARA PARENTAL AND SIBLING BEREAVEMENT
SUPPORT COMPANY LIMITED BY GUARANTEE**

The purpose of our audit work and to whom we owe our responsibilities

This report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.



1/LOUIS M.

Thomas McDonagh

for and on behalf of UHY Farrelly Dawe White Limited

Chartered Certified Accountants

Statutory Auditor

Unit 4A

Fingal Bay Business Park

Balbriggan

Co. Dublin

Ireland

09/07/2024

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	Unrestricted funds 2023 €	Restricted funds 2023 €	Total 2023 €	Unrestricted funds 2022 €	Restricted funds 2022 €	Total 2022 €
Income from:							
Donations and legacies	2	299,899	-	299,899	83,372	-	83,372
Charitable activities	2	78,945	165,339	244,284	67,147	161,904	229,051
Investments	2	-	-	-	350	-	350
Total income		378,844	165,339	544,183	150,869	161,904	312,773
Expenditure on:							
Raising funds	3	30,536	-	30,536	8,406	-	8,406
Charitable activities	4	293,266	165,545	458,811	249,499	162,110	411,609
Total resources expended		323,802	165,545	489,347	257,905	162,110	420,015
Net income / (expenditure)		55,042	(206)	54,836	(107,036)	(206)	(107,242)
Reconciliation of funds							
Fund balances at 1 January 2023		306,772	962	307,734	413,808	1,168	414,976
Fund balances at 31 December 2023	18	361,814	756	362,570	306,772	962	307,734

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

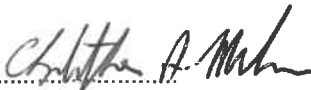
ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

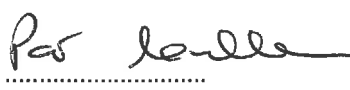
BALANCE SHEET

AS AT 31 DECEMBER 2023

	Notes	2023		2022	
		€	€	€	€
Fixed assets					
Tangible assets	9		1,109		1,708
Investments	10		202,600		302,600
			<u>203,709</u>		<u>304,308</u>
Current assets					
Debtors	11	16,901		2,000	
Cash at bank and in hand		172,794		30,772	
		<u>189,695</u>		<u>32,772</u>	
Creditors: amounts falling due within one year	12	(30,834)		(29,346)	
Net current assets			<u>158,861</u>		<u>3,426</u>
Total assets less current liabilities			<u><u>362,570</u></u>		<u><u>307,734</u></u>
Funds of the charity					
Restricted funds	17		756		962
Unrestricted funds	17		361,814		306,772
			<u>362,570</u>		<u>307,734</u>

The financial statements were approved by the Directors on 09/07/2024


 Christopher Mahon
 Director


 Patrick Cullen
 Director

Company Registration No. 452644

ANAM CARA PARENTAL AND SIBLING BEREAVEMENT SUPPORT COMPANY LIMITED BY GUARANTEE

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	2023 €	€	2022 €	€
Cash flows from operating activities					
Cash generated from/(absorbed by) operations	24		41,907		(136,209)
Investing activities					
Proceeds from disposal of investments		100,000		-	
Investment income received		-		350	
Net cash generated from investing activities			100,000		350
Net cash used in financing activities			-		-
Net increase/(decrease) in cash and cash equivalents			141,907		(135,859)
Cash and cash equivalents at beginning of year			27,247		163,106
Cash and cash equivalents at end of year			169,154		27,247
Relating to:					
Cash at bank and in hand			172,794		30,772
Bank overdrafts included in creditors payable within one year			(3,640)		(3,525)