

Anam Cara Support Service Calendar 2023

Parent Face to Face Support Evenings	Time 7.30pm – 9.00pm
<u>Anam Cara Cork</u> Day: 1 st Wednesday of each Month Venue: Maryborough Hotel, Douglas, T12 XR12 Professional Facilitator: Brian McDonagh	<u>Anam Cara West Cork</u> Day: 3 rd Tuesday of each Month Venue: Fernhill House Hotel, Tawnies Lr, Clonakilty, P85 X322 Professional Facilitator: Felicity Connolly
<u>Anam Cara South Dublin</u> Day: 2 nd Monday of each Month Venue: The Maldron Hotel, Whitestown Way, Tallaght, D24 XC9W Professional Facilitator: Dorothy Ingram	<u>Anam Cara North Dublin</u> Day: 3 rd Wednesday of each Month Venue: Hilton Hotel, Malahide Rd, Northern Cross, D17 Y924 Professional Facilitator: Bernadette Matthews
<u>Anam Cara Galway</u> Day: 1 st Wednesday of each Month Venue: The Clayton Hotel, Monivea Rd, Galway, H91 D526 Professional Facilitator: Maeve Tonge	<u>Anam Cara Mayo</u> Day: 4 th Tuesday of each Month Venue: T. F Royal Hotel, Castlebar, Co. Mayo, F23 R288 Professional Facilitator: Jannah Walshe
<u>Anam Cara Belfast</u> Day: 2 nd Monday of each Month Venue: The Balmoral Hotel, Blacks Rd, Dunmurry, BT10 ONF Professional Facilitator: Ann Lapin	<u>Anam Cara Armagh</u> Day: Last Wednesday of each Month Venue: The Armagh City Hotel, Armagh, BT601EN Professional Facilitator: Nuala Gorman
<u>Anam Cara Donegal</u> Day: 2 nd Thursday of each Month Venue: Radisson Blu Hotel, Letterkenny, F92 FK15 Professional Facilitator: Brid McGettigan	<u>Anam Cara Wicklow</u> Day: 3 rd Monday of each Month Venue: Parkview Hotel, NTMK, Wicklow, A63 FX72 Professional Facilitator: Shirley Brennan
<u>Anam Cara Kerry</u> Day: 2 nd Tuesday of each Month Venue: Meadowlands Hotel Tralee, V92 DC83 Professional Facilitator: Cora O'Brien	<u>Anam Cara Tipperary</u> Day: 3 rd Monday of each Month Venue: The Horse and Jockey Hotel, Thurles, Co. Tipperary E41 AP86 Professional Facilitator: Paul Donnelly
<u>Anam Cara Southeast</u> Day: 2 nd Tuesday of each Month Venue: Brandon House Hotel, New Ross, Wexford Y34 KR62 Professional Facilitator: Annette Comiskey	<u>Anam Cara Midlands</u> Day: 2 nd Wednesday of each Month Venue: Mullingar Park Hotel, Mullingar, Co Westmeath, N91 A4EP Professional Facilitator:

Parent Online Support Evenings	Time: 7pm – 8.45pm
Connaught / Midlands	2 nd Monday of each month
Munster / Southeast	2 nd Thursday of each month
Northern Ireland & Border Counties	3 rd Monday of each month
Leinster	4 th Monday of each month
Parents with No Surviving Children	3 rd Tuesday of each month

Please note that dates & venues may change. If you would like to attend one of our support evenings, just contact us on 085 2888 888 or info@anamcara.ie for more information.

Additional Anam Cara Resources and Support Services For 2023

Anam Cara facilitates online Bereavement information Evenings, featuring a bereavement specialist who will talk about the impact of grief on the family after the death of a child. If you are a recently bereaved parent, or a parent who has not availed of Anam Cara services in the past, this is a gentle introduction to our organisation and what we do.

Our resources include Anam Cara Podcasts, videos and webinars. These can be accessed from our website or drop us and email to info@anamcara.ie