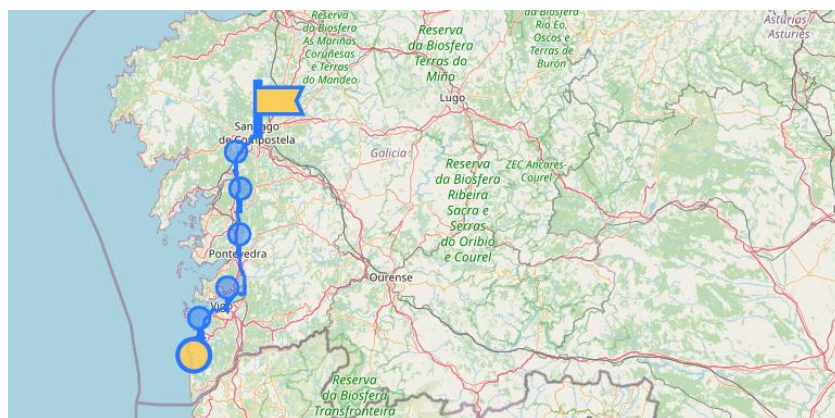


Anam Cara Camino Trek 2026

27th September – 04th October



Anam Cara's Camino Trek at a Glance

- **Dates:** 27th September – 04th October 2026
- **Route:** Portuguese Coastal Camino – Oia to Santiago (approx. 128km over 7 walking days)
- **Your Costs Paid Include:** Accommodation, breakfast & dinner, Camino guide, baggage transfers, and support from an Anam Cara representative.
- **Fundraising Target:** €1,500, to be met by the 25th of September 2026.
- **Single Occupancy Cost (Limited Spaces Available)** €1,613
- **Shared Occupancy Cost** €1,240
- **Flights** are not included, we recommend flying with Aer Lingus EI 742 departing Dublin to Santiago De Compostela at 12:50 on 27th September 2026, with the return flight EI 743 departing Santiago De Compostela to Dublin at 16:50 on 4th October 2026.



Anam Cara Rep: We will be setting up a **WhatsApp group** in early September for all participants on the trip to connect and share ideas and tips, and for any questions direct to the Anam Cara's representative who will be joining the trip.

**Please note that the itinerary is subject to minor changes before final confirmation closer to trip date.*

Trek Itinerary




DAY 1 – Sunday, 27th September 2026

Transfer from Santiago De Compostela Airport to Oia

-  Transfer to accommodation: Hotel A Raina
**note transfer is included for the recommended flight only*
-  Accommodation:
 - Hotel A Raina (Oia)
 - Includes Dinner & Breakfast




DAY 2 – Monday, 28th September 2026

Oia → Baiona

-  Distance: 17.66 km / 10.97 miles
-  Luggage Transfer
-  Accommodation:
 - Hotel Bahia Bayona
 - Includes Breakfast & Dinner




DAY 3 – Tuesday, 29th September 2026

Baiona → Vigo

-  Distance: 27.57 km / 17.13 miles
-  Luggage Transfer
-  Accommodation:
 - Playa de Vigo
 - Includes Breakfast & Dinner

DAY 4 – Wednesday, 30th September 2026




Vigo → Pontevedra

-  Distance: 19.46 km / 12.09 miles
-  Luggage Transfer
-  Accommodation:
 - Rias Bajas
 - Includes Breakfast & Dinner






 **DAY 5 – Thursday, 1st October 2026**

Pontevedra → Caldas de Reis

-  Distance: 20.89 km / 12.98 miles
-  Luggage Transfer
-  Accommodation:
 - O Cruceiro Center Caldas
 - Includes Breakfast & Dinner




 **DAY 6 – Friday, 2nd October 2026**

Caldas de Reis → Padrón

-  Distance: 18.5 km / 11.5 miles
-  Luggage Transfer
-  Accommodation:
 - Pazo De Lestrove Hotel
 - Includes Breakfast & Dinner



 **DAY 7 – Saturday, 3rd October 2026**

Padrón → Santiago de Compostela

-  Distance: 24.72 km / 15.36 miles
-  Luggage Transfer
-  Accommodation:
 - Hotel Montes (Santiago de Compostela)
 - Includes Breakfast & Dinner

 **DAY 8 – Sunday, 4th October 2026**

Departure from Santiago de Compostela

-  Check-out from Hotel Montes
-  Transfer to Santiago Airport (SCQ)

**note transfer is included for the recommended flight only*



Camino Trek 2026 – FAQ's

What is the Camino Trek?

Our 2026 Camino journey follows the beautiful Portuguese Coastal Route, beginning in Oia and finishing in Santiago de Compostela over 6 walking days (approx. 129km). This carefully planned route combines stunning Atlantic coastline, charming seaside towns, and peaceful inland paths. Each day offers a balance of challenging yet achievable distances, supportive logistics, and comfortable accommodation, allowing participants to focus on reflection, connection, and walking in solidarity with bereaved parents across Ireland.

How fit do I need to be?

You don't need to be an athlete! This trek is suitable for anyone of average fitness. We recommend walking 2-3 times per week in the months leading up to the trek, gradually increasing distance to 15-20km in a single walk, including a few hills and walking on consecutive days. Break in your walking shoes or boots early!

Who is this trip suitable for?

The Camino is open to anyone aged over 18 who is relatively active, emotionally resilient, and seeking an experience that is both meaningful and physically rewarding. It's a group trek, but you'll have plenty of time to walk at your own pace too.

Will the trek be emotionally difficult?

The Camino can be many things to different people – healing, emotional, therapeutic, and wonderful fun too. Many participants walk in memory of someone, and we make space for reflection and remembrance, as well as connection, conversation and laughter. You will be surrounded by a supportive group who understand and respect everyone's individual journey.

What is the cost and how much do I need to fundraise?

The cost of the trip is €1,240 (based on shared accommodation). A single room supplement is available for €373. This includes transfers to and from Santiago de Compostela Airport, 7 nights' accommodation with breakfast and dinner, walking guides and support vehicle, all in-country transfers and baggage transport, an Anam Cara representative, Camino passport and official certificate.

The fundraising target is €1,500 per participant. This supports Anam Cara's vital services for bereaved parents.

Flights should be booked privately, and we recommend Aer Lingus **flight EI742** departing on 27th September at 12:50. For the return journey, we suggest Aer Lingus **flight EI743** on 4th October at 16:50.

How and when do I pay for the trip?

- €350 non-refundable deposit upon registration
- Remaining costs (€1,240 shared, or €1,613 single) to be paid by **Friday 24th July**
- Fundraising target of €1,500 to be met by **25th September**

How will Anam Cara support my fundraising?

We'll support you every step of the way with a personalised iDonate page, fundraising ideas and resources, event and matched-funding guidance, and peer support from fellow Camino trekkers.

What's the weather like in Late September/October?

Weather is typically mild, with temperatures between 18-20°C, making it a great time to walk. Still, be prepared for some rain and cooler mornings/evenings.

How many people will be in the group?

We can accommodate any number of participants but we tend to keep the group size to 10-15 people. Places are allocated on a first-come, first-served basis.

Is this a holiday?

Not quite! While the Camino is scenic and fulfilling, it is a physical and emotional challenge. You will be walking long distances daily, then getting up and doing it again the next day for 6 full days. Accommodation is comfortable, but not luxurious. The focus is on personal growth, community, and supporting bereaved families.

Can I travel with a friend or relative?

Yes, many participants bring a walking partner, just be sure both of you register early to secure your places and room preferences.

What's the daily routine like?

Early breakfast and start walking around 8-9am. Walk for 5-7 hours, with plenty of rest stops at your own leisure. Arrive at accommodation mid/late afternoon. Free time to shower, rest, or explore. Group dinner and briefing for the next day.