

Anam Cara Donegal							
Name of Organisation	Type of Services Provided	Local Contact Name/ Position	Contact Number	Email Address	Website	Additional Comments	Cost of Service
Anam Cara Parental & Sibling Bereavement Support Limited	Facilitated Support Group providing peer support to bereaved parents of a child who has died at any age and in any circumstances	Sharon Vard CEO	01 4045378	s.vard@anamcara.ie	anamcara.ie	Anam Cara groups are co facilitated by a bereaved volunteer parent and a professional facilitator. They meet once a month on a designated day and time.	Free
Barretstown	Barretstown offers family camps, children & young adults camps, bereavement family camp, bereavement weekends & a hospital outreach programme	Eimear Kinsella	045 864 115	info@barretstown.org	www.barretstown.org	Barretstown is a specially-designed camp that provides Therapeutic Recreation programmes for children with serious illnesses and their families.	Free
Bethany	Bethany offers support to the bereaved through one to one support , group support & home visits.	Margaret	086 3552987	bethanysupport@eircom.net	www.bethany.ie	The Bethany Bereavement Support Group is a voluntary parish based ministry which aims to help the bereaved.	Free
Console	National Organisation supporting people in Suicidal Crisis and those Bereaved by Suicide through Professional Counselling, Support and Helpline Services.	Noel O'Driscoll	085 877 2028	noel.odriscoll@console.ie	console.ie	Console aims to meet the needs of those who come to us for support. Some people require advice, guidance or information. Others may need a listening ear, in person or on the phone. Some need the support of face-to-face counselling.	Free
Donegal Family Resource Centre	Supporting organisations providing Marriage, Relationship, Child and Bereavement Counselling Services		074 9725337	donegalfamilyresource@eircom.net	familyresource.ie		Free
Downstrands FRC	Supporting organisations providing Marriage, Relationship, Child and Bereavement Counselling Services		074 9545879	downstrandsfrc@yahoo.ie	familyresource.ie		Free
Dunfanaghy Community Resource Centre Ltd	Supporting organisations providing Marriage, Relationship, Child and Bereavement Counselling Services		074 9136548	dunfresource@eircom.net	familyresource.ie		Free
Family Ministry Support and Development Group	Provide individual and group support to the bereaved and suicide bereaved; also provide training in A.S.I.S.T. course.			pastoralcentre@eircom.net	www.northwestcounsellingservices.com		Free
HSEW Bereavement Counselling Service	Individual counselling/grief therapy, information and literature, group work, consultation, training and research.			carolm.phelan@mailb.hse.ie			
ISIDA	National organisation providing support to parents whose children(under 14 year) have died suddenly outside a hospital environment	Ger O'Brien Psychotherapist	1850 391391	isida@eircom.net		A professional will visit the families in their own homes following the sudden death of their son or daughter, offering support to all the family. There are also parent groups that meet monthly and parent weekends.	Free
Little Life Time Foundation	A Little Lifetime Foundation offers support through support meetings, literature, remembrances services.	Ron Smith-Murphy	01 8829030	info@alittlelifetim.ie	www.isands.ie	Offers support to Families who know their baby has died prior to delivery or is likely to live only a short time after delivery. Families recently bereaved through Stillbirth and Neonatal Death. Families whose baby died a number of years ago but, due to social attitudes, were not permitted to grieve. Families considering another pregnancy following the death of their baby.	Free
Living Links	Living Links provides outreach, practical help, advice and support to persons bereaved by suicide.	Carol	087 4122052	info@livinglinks.ie carolannemilton@gmail.com	livinglinks.ie	They are available on request to call to families in the aftermath of a suicide to offer practical support	Free
Mevagh Family Resource Centre	Supporting organisations providing Marriage, Relationship, Child and Bereavement Counselling Services		074 9155055	dunfresource@eircom.net	familyresource.ie		Free
Moville & District Family Resource Centre Ltd	Supporting organisations providing Marriage, Relationship, Child and Bereavement Counselling Services		074 9385548	info@movillefrc.com	familyresource.ie		Free
Raphoe Youth & Community Resource Centre	Supporting organisations providing Marriage, Relationship, Child and Bereavement Counselling Services		074 9145796	raphoefrc@eircom.net	familyresource.ie		Free
St John & Carrigans Family Resource Centre	Supporting organisations providing Marriage, Relationship, Child and Bereavement Counselling Services	Patrick Gormley	074 9148551	stjonresource@eircom.net	familyresource.ie		Free
The Forge Family Resource Centre	Supporting organisations providing Marriage, Relationship, Child and Bereavement Counselling Services	Martina Doyle	071 9861924	theforgefrc@eircom.net	familyresource.ie		Free